

# +Action Health

7722 Elbow Drive SW, Calgary, AB, T2V 1K2 | Phone: 403.243.8114 | Fax: 403.212.0880

## **Natropathic Intake Form**

Full Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Date of Birth (MM/DD/YYYY): \_\_\_\_\_ Sex:  MALE  FEMALE

Gender:  MALE  FEMALE  Other: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: (for appointment reminders and monthly newsletters)

\_\_\_\_\_

Alberta Health Care: \_\_\_\_\_

Do you have group benefits?  YES  NO Through whom? \_\_\_\_\_

Emergency Contact Name and Phone Number: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer's Address (if known): \_\_\_\_\_

Is this injury the result of a work-related accident or a motor vehicle accident?

YES  NO

If yes, please give the date of the accident: \_\_\_\_\_

Family Doctor's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

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Previous Naturopathic Care Experience? If yes, when, where, and how successful was it?

1. \_\_\_\_\_
2. \_\_\_\_\_

Primary Health Concerns. Please list in order of importance and list the onset, frequency, and severity.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

What are your goals for pursuing treatment?

1. \_\_\_\_\_
2. \_\_\_\_\_

List of current medications. Please list dose if known.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

List of current supplements. Please list dose if known.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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4. \_\_\_\_\_

## Allergies and Reactions:

1. Food Allergy: \_\_\_\_\_

2. Food Sensitivity: \_\_\_\_\_

3. Drug Allergy: \_\_\_\_\_

4. Drug Sensitivity: \_\_\_\_\_

5. Environmental: \_\_\_\_\_

6. Pet Allergy: \_\_\_\_\_

## Past Medical History. Please explain fully and provide dates.

1. Chronic Conditions: \_\_\_\_\_

2. Surgeries: \_\_\_\_\_

3. Physical Trauma: \_\_\_\_\_

4. Mental/Emotional Health: \_\_\_\_\_

5. History of Recurrent Infections: \_\_\_\_\_

6. Other: \_\_\_\_\_

## Family Medical History

1. Mother: \_\_\_\_\_

2. Father: \_\_\_\_\_

3. G. Mother: \_\_\_\_\_

4. G. Father: \_\_\_\_\_

5. Brother: \_\_\_\_\_

6. Sister: \_\_\_\_\_

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7. Children: \_\_\_\_\_

## Childhood Health

1. Mom's health during pregnancy: \_\_\_\_\_

2. Antibiotics during pregnancy: \_\_\_\_\_

3. Breast fed: \_\_\_\_\_

4. Recurrent illness: \_\_\_\_\_

5. Frequent antibiotics: \_\_\_\_\_

6. Abuse or Trauma: \_\_\_\_\_

7. Vaccination history/reactions: \_\_\_\_\_

8. Other: \_\_\_\_\_